

The logo for DoshaCare, featuring the brand name in a white serif font on a solid brown square background.

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www.doshacare.com

Vata Cleansing Cream

Manufacture Item #10101

UPC # 94395 00200

What it is:

For dry, dehydrated skin. A gentle cleansing cream designed to enhance your skin's natural radiance and leave skin hydrated and nourished.

What it does:

This 98 percent natural and organic formula gently dissolves makeup and other impurities with the use of traditional Ayurvedic ingredients such as turmeric, fenugreek olive oil and green tea. Leaves the skin feeling soft and hydrated.

Usage:

Apply onto wet face, massaging with fingertips to create a rich lather, then rinse with lukewarm water. Use morning and night and follow with DoshaCare Exfoliant twice a week for radiant skin. Follow with DoshaCare Moisturizer. For daily sun protection, apply DoshaCare Sunscreen each morning.

Key Ingredients:

- **Turmeric** – contains antiseptic and anti-inflammatory properties, corrects hyperpigmentation and softens the skin
- **Fenugreek** – anti-inflammatory and decongestant properties aid in clearing acne-prone skin while improving the appearance of fine lines and wrinkles
- **Green Tea** – a powerful antioxidant, natural astringent and an antibacterial agent used to detoxify and purify the skin
- **Olive Oil** – rich in natural lipids that mimic the skin's own oils, this protects the delicate moisture balance of the skin

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Decyl Glycoside, Helianthus Annuus (Sunflower) Seed Oil, Caprylic/Capric Triglyceride, Acrylates Copolymer, Glycerin, Sodium Polyacrylate, Potassium Cetyl Phosphate, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Azadirachta Indica (Neem) Leaf Extract, Persea Gratissima (Avocado) Oil, Olea Europaea (Olive) Fruit Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Yucca Aloifolia, Leaf/Root Extract, Camellia Sinensis (Green Tea) Leaf Extract, Solanum Lycopersicum (Tomato) Fruit/Leaf/Stem Extract, Citrus Medica Limonum (Lemon) Fruit Extract, Panthenol, Allantoin, Disodium EDTA, Phospholipids, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Aminomethyl Propanol, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Pitta Cleansing Bath

Manufacture Item #10201

UPC # 94395 00201

What it is:

A gentle cleansing bath designed to protect and soothe normal and sensitive skin conditions.

What it does:

This 98 percent natural and organic formula protects and soothes skin sensitized by pollution, temperature extremes, harsh detergents, stress, poor diet or a hormonal imbalance. Natural ingredients, known for their anti-inflammatory and healing properties, soothe and calm skin for visually radiant skin.

Usage:

Apply onto wet face, massaging with fingertips to create a gentle lather, and then rinse with lukewarm water. Use morning and night and follow with Doshacare Exfoliant twice a week for radiant skin. Follow with Doshacare Moisturizer. For daily sun protection, apply Doshacare sunscreen each morning.

Key Ingredients:

- **Turmeric** – contains antiseptic and anti-inflammatory properties, corrects hyperpigmentation and softens the skin
- **Neem** – promotes skin elasticity
- **Aloe Vera** – used for its hydrating and soothing properties

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Disodium Cocoamphodiacetate, Cocamidopropyl Hydroxysultaine, Glycerin, Disteareth-75 IPDI, Sodium PCA, Polysorbate 20, Panthenol, Sodium Hyaluronate, Camellia Sinensis (Green Tea) Leaf Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Curcuma Longa (Turmeric) Root Extract, Calendula Officinalis (Marigold) Flower Extract, Saccharide Isomerate, Gluconolactone, Sodium Benzoate, Zinc PCA, Essential Oil Blend

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Kapha Cleansing Gel

Manufacture Item #10301

UPC # 94395 00202

What it is:

For oily, congested skin. A gentle cleansing gel designed to remove excess oils, refine skin texture and refresh and exfoliate congested pores revealing a more radiant complexion.

What it does:

This 98 percent natural and organic formula works within pores to manage oiliness and maintain skin's health and clarity. Traditional Ayurvedic ingredients assist in preserving a healthy, protective moisture barrier.

Usage:

Apply onto wet face, massaging with fingertips to create a rich lather, and then rinse with lukewarm water. Use morning and night and follow with DoshaCare Exfoliant twice a week for radiant skin. Follow with DoshaCare Moisturizer. For daily sun protection, apply DoshaCare Sunscreen each morning.

Key Ingredients:

- **Green Tea** – a natural astringent and antibacterial agent used to detoxify and purify the skin
- **Tea Tree Oil** – reduces swelling and redness in acneic skin
- **Lemon** – a natural decongestant that refreshes and purifies the skin
- **Sugar Cane** – delivers powerful antioxidants to keep skin looking healthy and vibrant
- **Salicylic Acid** – improves the condition and appearance of the skin by gently exfoliating dead skin cells and removing impurities
- **Amla** – One of Ayurvedic royal herbs which is antioxidant-rich used to exfoliate and brighten the skin
- **Eucalyptus** – cools and stimulates the skin

Ingredients:

Ingredients: Water/Aqua, Disodium Cocoamphodiacetate, Aloe Barbadensis (Aloe Vera) Leaf Juice, Cocamidopropyl Hydroxysultaine, Glycerin, Disteareth-75 IPDI, Saccharum Officinarum (Sugar Cane) Extract, Citrus Medica Limonum (Lemon) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Salix Nigra (Willow) Bark Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Emblicia Officinalis (Amla) Fruit Extract, Withania Somnifera (Ashwaganda) Root Extract, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Eucalyptus Globulus (Eucalyptus) Leaf Oil, Disodium EDTA, Sodium PCA, Panthenol, Salicylic Acid, Tocopheryl Acetate, Saponins, Sodium Benzoate, Potassium Sorbate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Vata Hydrating Masque

Manufacture Item #10104

UPC # 94395 00204

What it is:

For dry, dehydrated skin. A beneficial masque that restores dry, dehydrated skin to a glowing state of nourishment and can be customized to treat the user's specific skin condition.

What it does:

This 98 percent botanical and organic masque soothes skin while providing nourishment and hydration. It is easily customizable to fit the skin's needs with any of the DoshaCare Elixirs or the Sakala Ama Release Tonic.

Usage:

Apply to cleansed skin once or twice a week for up to 10 minutes. Remove with a soft, damp cloth. Follow with DoshaCare Hydrating Moisturizer.

Key Ingredients:

- **Neem** – promotes skin elasticity
- **Rose Hip** – a highly-moisturizing, anti-aging ingredient rich in vitamin C
- **Fenugreek** – an herb with healing and anti-inflammatory properties
- **Bamboo** – gently removes surface toxins while refining skin texture
- **Wild Yam Extract** – promotes collagen synthesis and improves skin elasticity and moisture-retention levels for a more youthful appearance

Ingredients:

Water/Aqua, Helianthus Annuus (Sunflower) Seed Oil, Aloe Barbadensis (Aloe Vera) Leaf Juice, Bentonite, Glyceryl Stearate SE, Stearyl Alcohol, Cetearyl Alcohol, Persea Gratissima (Avocado) Oil, Glycerin, Kaolin, Myristyl Myristate, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Potassium Cetyl Phosphate, Squalane, Theobroma Grandiflorum (Cupuacu) Seed Butter, Camellia Sinensis (Green Tea) Leaf Extract, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Azadirachta Indica (Neem) Leaf Extract, Simmondsia Chinensis (Jojoba) Seed Oil, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Dioscorea Villosa (Wild Yam) Root Extract, Cetareth-20, Panthenyl Triacetate, Phytosteryl Isostearate, Cetearyl Methicone, Dimethicone, Linoleic Acid, Glycine Soja (Soybean) Sterols, Phospholipids, Sodium Hyaluronate, Beta-Glucan, Magnesium Aluminum Silicate, Allantoin, Panthenol, Hydroxylated Lecithin, Biosaccharide Gum-1, Glucosamine HCl, Sorbitol, Algae Extract, Oleyl Alcohol, Hydrolyzed Algin, Chlorella Vulgaris Extract, Maris Sal/Sea Water, Tocopheryl Acetate, Retinal Palmitate, Ascorbyl Palmitate, Xanthan Gum, Potassium Sorbate, Sodium Benzoate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Pitta Soothing Masque

Manufacture Item #10204

UPC # 94395 00205

What it is:

For normal or sensitive skin. A soothing masque that calms visibly irritated skin to reveal a more even skin tone and complexion.

What it does:

This 98 percent botanical and organic cooling masque delivers moisture repair to skin working to calm irritated skin, rosacea, acne and dehydrated complexions. It is easily customizable to fit the skin's needs with any of the Doshacare Elixirs or Ama Release Tonic.

Usage:

Apply once or twice a week for up to 10 minutes. Remove with a soft, damp cloth. Follow with Doshacare Pitta Soothing Moisturizer.

Key Ingredients:

- **Panthenol** – a naturally hydrating vitamin that deeply penetrates the skin, reduces inflammation, soothes irritation and adds a plumping effect.
- **Gotu Kola** – increases collagen production while lifting away toxins that cause skin blemishes
- **Tulsi** – antioxidant properties keep skin looking young
- **Neem** – promotes skin elasticity

Ingredients:

Water/Aqua, Kaolin, Cetearyl Alcohol, Aloe Barbadensis (Aloe Vera) Leaf Juice, Caprylic/Capric Triglyceride, Glycerin, Glyceryl Stearate, Polysorbate 60, Butyrospermum Parkii (Shea Butter), Stearyl Alcohol, Helianthus Annuus (Sunflower) Seed Oil, Potassium Cetyl Phosphate, Macadamia Ternifolia Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Cocos Nucifera (Coconut) Water, Withania Somnifera (Ashwaganda) Root Extract, Centella Asiatica (Gotu Kola) Extract, Camellia Sinensis (Green Tea) Leaf Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Hibiscus Sabdariffa Flower Extract, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Vetiveria Zizanioides (Khus) Leaf Extract, Cetareth-20, Xanthan Gum, Panthenol, Titanium Dioxide, Sodium PCA, Biosaccharide Gum-1, Sodium Hyaluronate, Zinc PCA, Sodium Benzoate, Potassium Sorbate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend



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Kapha Detoxifying Masque

Manufacture Item #10304

UPC # 94395 00206

What it is:

For oily, congested skin. A detoxifying masque that provides fast relief and restores balance to acne-prone, blemished and oily complexions.

What it does:

This 98 percent natural and organic masque contains decongesting plant oils and extracts to cleanse skin and impart a smooth clear complexion. It is easily customizable to fit the skin's needs with any of the DoshaCare Elixirs or Ama Release Tonic.

Usage:

Apply once or twice a week for up to 10 minutes. Remove with a soft, damp cloth. Follow with DoshaCare Detoxifying Moisturizer.

Key Ingredients:

- **Tulsi** – antioxidant properties keep skin looking young and radiant
- **Neem** – promotes skin elasticity
- **Ashwagandha** – One of Ayurveda's royal herbs that clears skin impurities
- **Fenugreek** – anti-inflammatory and decongestant properties aid in clearing acne-prone skin while improving the appearance of fine lines and wrinkles
- **Coconut** – moisturizes and softens the skin

Ingredients:

Water/Aqua, Kaolin, Caprylic/Capric Triglyceride, Cetearyl Alcohol, Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycerin, Macadamia Ternifolia Seed Oil, Butyrospermum Parkii (Shea Butter) Extract, Stearyl Alcohol, Potassium Cetyl Phosphate, Charcoal Powder, Glyceryl Stearate, Centella Asiatica (Gotu Kola) Extract, Camellia Sinensis (Green Tea) Leaf Extract, Cocos Nucifera (Coconut) Fruit Extract, Withania Somnifera (Ashwagandha) Root Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Azadirachta Indica (Neem) Leaf Extract, Hibiscus Sabdariffa Flower Extract, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Vetiveria Zizanioides (Khus) Root Extract, Cetareth – 20, Xanthan Gum, Titanium Dioxide, Panthenyl Triacetate, Sodium PCA, Biosaccharide Gum-1, Soy Amino Acids, Sodium Hyaluronate, Hydrolyzed Algin, Chlorella Vulgaris Extract, Maris Sal/Sea Water, Zinc PCA, Sodium Hydroxide, Sodium Benzoate, Potassium Sorbate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Vata Hydrating Elixir

Manufacture Item #10102

UPC # 94395 00210

What it is:

A hydration booster for dry skin. A moisturizing formula provides essential skin nutrients to restore lost moisture and reduce the visible signs of aging.

What it does:

This 98 percent botanical and organic formula supplies the skin with essential nutrients to hydrate and ease micro-tension, visibly relaxing furrows on the forehead and lines around the eyes and mouth.

Usage:

Apply directly onto clean skin morning and night for maximum hydration. Combine a few drops with any DoshaCare product for additional hydration.

Key Ingredients:

- **Turmeric** – contains antiseptic and anti-inflammatory properties, corrects hyper-pigmentation and softens the skin
- **Pea Extract** – lifts and tightens skin creating an instant firming effect
- **Green Tea** – a powerful antioxidant, a natural astringent and an antibacterial agent used to detoxify and purify the skin
- **Bamboo Extract** – gently removes surface toxins while refining skin texture

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Sodium PCA, Glycerin, Panthenol, Sclerotium Gum, Biosaccharide Gum-1, Oleth-20, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Emblica Officinalis (Amla) Fruit Extract, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Curcuma Longa (Turmeric) Root Extract, Withania Somnifera (Ashwaganda) Root Extract, Hamamelis Virginiana (Witch Hazel) Water, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Chlorella Vulgaris Extract, Camellia Sinensis (Green Tea) Leaf Extract, Brassica Oleracea Capitata (Cabbage) Leaf Extract, Ginkgo Biloba Leaf Extract, Citrus Aurantifolia (Lime) Fruit Extract, Citrus Medica Limonum (Lemon) Fruit Extract, Phospholipids, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Sodium Hyaluronate, Glucosamine HCl, Niacinamide/Yeast Polypeptide, Copper PCA, Zinc PCA, Hydrolyzed Algin, Maris Sal/Sea Water-Aqua, Sodium Benzoate, Potassium Sorbate, Phenoxethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Pitta Soothing Elixir

Manufacture Item #10202

UPC # 94395 00211

What it is:

A calming booster for normal or sensitive skin. A powerful formula relieves skin irritation and other discomforts on contact while easing the appearance of redness within minutes.

What it does:

This 98 percent natural and organic formula calms the skin's negative reaction to AHA's, sunscreens and other irritants, and provides relief after waxing and tweezing. The soothing elixir reduces the risk of peeling or roughness after sunburn and helps reduce the appearance of fine lines and wrinkles.

Usage:

Apply directly onto clean skin morning and night. Follow with DoshaCare moisturizer or combine a few drops with any DoshaCare skin product for an additional calming effect.

Key Ingredients:

- **Pea Extract** – lifts and tightens skin creating an instant firming effect
- **Green Tea** – a powerful antioxidant, natural astringent and an antibacterial agent used to detoxify and purify the skin
- **Bamboo Extract** – gently removes surface toxins while refining skin texture
- **Cucumber** – cools and soothes irritated skin

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycerin, Sodium PCA, Panthenol, Oleth-20, Hydroxyethylcellulose, Sclerotium Gum, Avena Sativa (Oat) Kernel Extract, Chlorella Vulgaris Extract, Camellia Sinensis (Green Tea) Leaf Extract, Brassica Oleracea Capitata (Cabbage) Leaf Extract, Ginkgo Biloba Leaf Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Centella Asiatica (Gotu Kola) Extract, Emblicia Officinalis (Amla) Fruit Extract, Cocos Nucifera (Coconut) Water, Withania Somnifera (Ashwaganda) Root Extract, Cucumis Sativus (Cucumber) Fruit Extract, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Phospholipids, Tocopheryl Acetate, Ascorbyl Palmitate, Retinyl Palmitate, Biosaccharide Gum-1, Niacinamide/Yeast Polypeptide, Copper PCA, Zinc PCA, Hydrolyzed Algin, Maris Sal/Sea Water, Dextran, Caprooyl Tetrapeptide, Glucosamine HCl, Sodium Hyaluronate, Sodium Benzoate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Kapha Detoxifying Elixir

Manufacture Item #10302

UPC # 94395 00212

What it is:

A purifying booster for oily or congested skin. A powerful formula provides essential skin nutrients to restore balance and purify congested skin conditions, while protecting the skin's natural moisture barrier.

What it does:

This 98 percent natural and organic formula provides the skin with essential vitamins to balance the skin's oil production, while maintaining essential moisture. Ingredients such as ginger and tomato support the skin's ability to renew and repair itself, building a resistance to the visible signs of aging.

Usage:

Apply directly onto clean skin morning or night as needed, following with DoshaCare moisturizer. Combine a few drops with any DoshaCare product for additional decongesting.

Key Ingredients:

- **Ginger** – stimulates circulation and helps remove toxins from skin
- **Ginkgo Biloba** – a powerful antioxidant used to stimulate the formation of fibroblast and collagen in the skin
- **Tomato** – tones and firms skin while nourishing and combating blemishes
- **Bhrigraj** – One of Ayurveda's royal herbs which improves skin texture

Ingredients:

Ingredients: Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycerin, Sodium PCA, Panthenol, Oleth-20, Hydroxyethylcellulose, Biosaccharide Gum-1, Camellia Sinensis (Green Tea) Leaf Extract, Chamomilla Recutita (Matricaria) Flower Extract, Ginkgo Biloba Leaf Extract, Centella Asiatica (Gotu Kola) Extract, Solanum Lycopersicum (Tomato) Fruit Extract, Withania Somnifera (Ashwaganda) Root Extract, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Hibiscus Sabdariffa Flower Extract, Eclipta Prostrata (Maka/ Bhrigraj) Extract, Acacia Concinna (Shikakai) Fruit Extract, Cyperus Rotundus (Nagarmotha) Root Extract, Lepidium Sativum Sprout Extract, Chlorella Vulgaris Extract, Camphor, Glucosamine HCl, Phospholipids, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Sodium Hyaluronate, Niacinamide/Yeast Polypeptide, Copper PCA, Zinc PCA, Hydrolyzed Algin, Maris Sal/Sea Water, Sodium Benzoate, Potassium Sorbate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Vata Hydrating Moisturizer

Manufacture Item #10103

UPC # 94395 00207

What it is:

For deep hydration. A rich cream and essential oil combination that delivers deep hydration to skin improving the signs of aging such as fine lines and wrinkles.

What it does:

This 98 percent botanical and organic formula delivers deep moisture to dry, dehydrated skin. Targeted antioxidants reduce the signs of aging such as fine lines and wrinkles, which often appear earlier in sensitive or dehydrated skin types.

Usage:

Apply after Doshacare Elixir at night or wear alone during the day for concentrated hydration. For optimum protection during the day, follow with Doshacare Environmental Shield and Doshacare Sunscreen.

Key Ingredients:

- **Neem** – promotes skin elasticity
- **Rose Hip** – a highly-moisturizing, anti-aging ingredient rich in vitamin C
- **Jojoba** – an emollient and moisturizer that treats dry skin and wrinkles
- **Sweet Almond** – smoothes and revitalizes dry, tired skin
- **Avocado** – nourishes and conditions dry skin, increasing water-soluble collagen

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Caprylic/Capric Triglyceride, Helianthus Annuus (Sunflower) Seed Oil, Glyceryl Stearate SE, Stearyl Alcohol, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea Butter), Polysorbate 60, Glycerin, Sorbitan Stearate, Potassium Cetyl Phosphate, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Squalane, Dimethicone, Azadirachta Indica (Neem) Leaf Extract, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Persea Gratissima (Avocado) Oil, Brassica Oleracea Capitata (Cabbage) Leaf Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Honey Extract, Rosa Canina (Rose Hip) Fruit Oil, Hydroxylated Lecithin, Panthenol, Allantoin, Disodium EDTA, Sodium Benzoate, Potassium Sorbate, Sodium Hydroxide, Carbomer, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Pitta Soothing Moisturizer

Manufacture Item #10203

UPC # 94395 00208

What it is:

For moderate hydration. A lightweight moisturizer that contains natural herbs to calm and protect sensitive skin.

What it does:

This 98 percent botanical and organic formula delivers moderate hydration to normal or sensitive skin. Calming plant extracts reduce redness and inflammation while targeted antioxidants help control signs of aging that appear prematurely in sensitive complexions.

Usage:

Apply after Doshacare Elixir at night or wear alone during the day for moderate hydration. For optimum protection during the day, follow with Doshacare Environmental Shield and Doshacare Sunscreen.

Key Ingredients:

- **Neem** – promotes skin elasticity
- **Gotu Kola** – increases collagen production while lifting away toxins that cause skin blemishes
- **Tulsi** – antioxidant properties keep skin looking young

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycerin, Glyceryl Stearate SE, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea Butter), Polysorbate 60, Potassium Cetyl Phosphate, Simmondsia Chinensis (Jojoba) Seed Oil, Persea Gratissima (Avocado) Oil, Helianthus Annuus (Sunflower) Seed Oil, Panthenol, Sodium PCA, Squalane, Sorbitan Stearate, Cetyl Alcohol, Cetearyl Alcohol, Dimethicone, Glucosamine HCl, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Azadirachta Indica (Neem) Leaf Extract, Centella Asiatica (Gotu Kola) Extract, Ginkgo Biloba Leaf Extract, Cucumis Sativus (Cucumber) Fruit Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Disodium EDTA, Sodium Hyaluronate, Biosaccharide Gum-1, Niacinamide/Yeast Polypeptide, Phospholipids, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Sodium Benzoate, Potassium Sorbate, Xanthan Gum, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend

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Kapha Detoxifying Moisturizer

Manufacture Item # 10303

UPC # 94395 00209

What it is:

For light hydration. A detoxifying moisturizer that provides light moisture for oily or congested complexions. Active ingredients support the skin's ability to hold moisture and balance excess oils imparting a clear, glowing complexion.

What it does:

This 98 percent natural and organic formula delivers active ingredients such as Ginkgo Biloba and Lime to penetrate deep between skin cells, feeding skin from the inside out. Amla, Gotu Kola and White Willow help reprogram the skin's moisture content at a cellular level to increase hydration.

Usage:

Apply after DoshaCare Elixir at night or wear alone during the day. For optimum protection during the day follow with DoshaCare Environmental Shield and DoshaCare Sunscreen.

Key Ingredients:

- **Amla** – an antioxidant-rich herb used to brighten and exfoliate the skin
- **Ginkgo Biloba** – a powerful antioxidant used to stimulate the formation of fibroblast and collagen in the skin
- **Lime** – imparts antiseptic and astringent properties to deeply penetrate and clear oily skin
- **Gotu Kola** – increases collagen production while lifting away toxins that cause skin blemishes
- **White Willow** – a natural source of salicylic acid that fights acne and has anti-inflammatory properties

Ingredients:

Water/Aqua, Caprylic/Capric Triglyceride, Cetearyl Alcohol, Aloe Vera (Barbadensis) Leaf Juice, Glycerin, Myristyl Myristate, Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Dimethicone, Glyceryl Stearate SE, Squalane, Citrus Aurantifolia (Lime) Fruit Extract, Rose Canina (Rose) Flower Extract, Salix Alba (White Willow) Bark Extract, Centella Asiatica (Gotu Kola) Extract, Ginkgo Biloba Leaf Extract, Phyllanthus Emblica (Amla) Fruit Extract, Cetareth-20, Cetearyl Methicone, Linoleic Acid, Glycine Soja (Soybean) Sterols, Phospholipids, Phytosteryl Isostearate, Biosaccharide Gum-1, Hydrolyzed Algin, Chlorella Vulgaris Extract, Maris Sal/ Sea Water, Sodium Hyaluronate, Sodium Hydroxide, Potassium Sorbate, Allantoin, Retinyl Palmitate, Ergocalciferol, Carbomer, Sodium Benzoate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend.

The logo for Doshacare, featuring the brand name in a white serif font on a dark brown rectangular background.

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Sakala Ama Release Tonic

Manufacture Item #10405

UPC # 94395 00203

What it is:

For pore purification. A light liquid tonic to purify congested skin and combat blemishes.

What it does:

This 98 percent botanical and organic formula clarifies problem skin while protecting the skin's natural oil barrier. This tonic gently exfoliates, revealing a brighter, more even complexion.

Usage:

For Kapha Skin: Massage directly onto skin and follow with Doshacare Cleansing Gel. Use up to four times per week. Avoid eye area and limit sun exposure. Follow cleansing with Doshacare Elixir, Moisturizer and Sunscreen.

For Pitta Skin: Massage directly onto skin and follow with Doshacare Cleansing Bath. Use in moderation once or twice per week.

For Vata Skin: Massage directly onto skin and follow with Doshacare Cleansing Cream. Use in moderation no more than once a week.

Spot Treatment: After cleansing with a Doshacare cleanser, apply directly to problem blemishes and follow with a Doshacare Masque.

Key Ingredients:

- **Ginger** – stimulates circulation and helps to remove toxins from skin
- **Lime** – imparts antiseptic and astringent properties to clear oily skin
- **Salicylic Acid** – improves the condition and appearance of the skin by gently exfoliating dead skin cells and removing impurities

Ingredients:

Water/Aqua, Alcohol Denat., Isopentyldiol, Glycerin, Oleth-20, Butylene Glycol, Cinnamomum Cassia Bark Extract, Zingiber Officinale (Ginger) Root Extract, Poterium Officinale Root Extract, Salicylic acid, Trigonella Foenum-Graecum (Fenugreek) Seed Extract, Curcuma Longa (Turmeric) Root Extract, Rosa Damascena Flower Water, Citrus Aurantifolia (Lime) Fruit Extract, Panax Ginseng Root Extract, Chamomilla Recutita (Matricaria) Flower Extract, Ginkgo Biloba Leaf Extract, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Sodium Hydroxide, Essential Oil Blend

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Sakala Environmental Shield

Manufacture Item #10402

UPC # 94395 00215

What it is:

For all skin types, to protect from environmental irradiants. A lightweight mist, suitable for all skin types, that helps to neutralize the effects of environmental skin-aging toxins such as smoke, smog and surface radicals.

What it does:

This 98 percent natural and organic formula protects skin from environmental toxins that age and inflame skin. A refreshing antioxidant blend of traditional Ayurvedic ingredients allows this mist to work within seconds and last throughout the day.

Usage:

Use in the morning with Doshacare Moisturizer and Sunscreen, or throughout the day as a refreshing mist.

Key Ingredients:

- **Neem** – promotes skin elasticity
- **Tulsi** – antioxidant properties keep skin looking young
- **Sandalwood** – smoothes, cools and hydrates aging skin
- **Khus** – cools and calms the skin
- **Turmeric** – contains antiseptic and anti-inflammatory properties, corrects hyperpigmentation and softens the skin

Ingredients:

Water/Aqua, Hamamelis Virginiana (Witch Hazel) Extract, Glycereth-26, Aloe Barbadensis (Aloe Vera) Leaf Extract, Silicone Quaternium-2, Panthenol Succinate, Oleth-20, Betaine, Sodium PCA, Biosaccharide Gum-1, Rosa Canina (Rose Hips) Seed Oil, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Santalum Album (Sandalwood) Wood Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Cyperus Rotundus (Nagarmotha) Root Extract, Trigonella Foenum- Graecum (Fenugreek) Seed Extract, Vetiveria Zizanoides (Khus) Root Extract, Hibiscus Sabdariffa Flower Extract, Curcuma Longa (Turmeric) Root Extract, Acacia Concinna (Shikakai) Fruit Extract, Sodium Hyaluronate, Arginine, Glucosamine HCL, Tocopheryl Acetate, Alpha-Glucan Oligosaccharide, Panthenol, Phenoxyethanol, Sodium Benzoate, Citric Acid, Essential Oil Blend

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Sakala Exfoliant

Manufacture Item #10401

UPC # 94395 00213

What it is:

A gentle volcanic pumice exfoliant for all skin types that instantly brightens and smoothes the complexion while reducing the signs of aging.

What it does:

This 98 percent botanical and organic formula instantly reveals fresh, new skin, reduces enlarged pores and diminishes the appearance of dark spots. It dramatically smoothes fine facial lines and softens the appearance of acne scars and other imperfections.

Usage:

Massage onto clean, damp skin using a circular motion to smooth and brighten without irritation. For best results use once or twice a week. Follow with any DoshaCare Elixir or Moisturizer.

Key Ingredients:

- **Gotu Kola** – increases collagen production while lifting away toxins that cause skin blemishes
- **Guggul** – a purifying agent that rejuvenates skin cells and tissue

Ingredients:

Water/Aqua, Kaolin, Caprylic/Capric Triglyceride, Pumice, Aloe Barbadensis (Aloe Vera) Leaf Juice, Squalane, Bentonite, Cetearyl Alcohol, Helianthus Annuus (Sunflower) Seed Oil, Macadamia Ternifolia Seed Oil, Butyrospermum Parkii (Shea Butter), Glyceryl Stearate SE, Stearic Acid, Dimethicone, Titanium Dioxide, Glycerin, Centella Asiatica (Gotu Kola) Extract, Eclipta Alba (Maka/ Bhrigraj) Extract, Commiphora Mukul (Guggul) Resin Extract, Pisum Sativum (Pea) Extract, Bambusa Vulgaris (Bamboo Extract) Leaf/Stem Extract, Cetearth-20, Cetearyl Methicone, Linoleic Acid, Glycine Soja (Soybean) Sterols, Phospholipids, Retinyl Palmitate/Carrot Polypeptides, Ascorbic Acid/Citrus Polypeptides, Tocopherol/Wheat Polypeptides, Calcium Pantothenate, Sodium PCA, Biosaccharide Gum-1, Glucosamine HCl, Sodium Hyaluronate, Hydrolyzed Algin, Chlorella Vulgaris Extract, Maris Sal/Sea Water, Maltodextrin, Silica, Menthol, Xanthan Gum, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Sodium Hydroxide, Essential Oil Blend

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Sakala Eye and Neck Balm

Manufacture Item #10404

UPC # 94395 00213

What it is:

A gentle cream for all skin types that hydrates and protects the most delicate eye and neck areas, helping to reduce the appearance of aging.

What it does:

This 98 percent botanical and organic formula soothes and smoothes fine lines and wrinkles while replenishing lost moisture in sensitive and easily dehydrated skin of the eye and neck area.

Usage:

Use in moderation around the eye area each morning. For an intensive overnight treatment, apply generously over the eye area, neck and décolleté.

Key Ingredients:

- **Green Tea** – a natural astringent and antibacterial agent detoxifies and purifies the skin
- **Neem** – promotes skin elasticity
- **Capuacu** – softens and improves the moisture and elasticity of skin
- **Fenugreek** – imparts anti-inflammatory and decongestant properties to clear acne-prone skin while improving the appearance of fine lines and wrinkles

Ingredients:

Water/Aqua, Aloe Barbadensis (Aloe Vera) Leaf Juice, Dimethicone, Glycereth-26, Helianthus Annus (Sunflower) Seed Oil, Squalane, Cetearyl Methicone, Polyglyceryl-2 Stearate, Arginine, Stearyl Alcohol, Cetyl Alcohol, Phytosteryl Isostearate, Theobroma Grandiflorum (Capuacu) Seed Butter, Butyrospermum Parkii (Shea Butter), Simmondsia Chinensis (Jojoba) Seed Oil, Santalum Album (Sandalwood) Wood Extract, Phellodendron Amurense Bark Extract, Hordeum Distichon (Barley) Extract, Glycine Soja (Soybean) Sterols, Camellia Sinensis (Green Tea) Leaf Extract, Azadirachta Indica (Neem) Leaf Extract, Ocimum Sanctum (Tulsi) Leaf Extract, Eucalyptus Globulus (Eucalyptus) Leaf Extract, Curcuma Longa (Turmeric) Root Extract, Trigonella Foenum – Graecum (Fenugreek) Seed Extract, Chlorella Vulgaris Extract, Hydrolyzed Algin, Maris Sal/Sea Water, Hesperidin Methyl Chalcone, Glycerin, Steareth-20, Dipeptide-2, Palmitoyl Tetrapeptide-7, Chrysin, N-Hydroxysuccinimide, Palmitoyl Oligopeptide, Stearyl Phosphate, Linoleic Acid, Phospholipids, Panthenyl Triacetate, Sodium Hyaluronate, Sodium PCA, Biosaccharide Gum-1, Soy Amino Acids, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Niacinamide/Yeast Polypeptide, Myristoyl Pentapeptide-8, Sodium Ascorbyl Phosphate, Xanthan Gum, Sodium Hydroxide, Sodium Benzoate, Phenoxyethanol, Chlorphenesin, Sorbic Acid, Essential Oil Blend